

How Do You Feel About Your Environment?

People have feelings about their environment. We know that, but they don't always pay much attention to them or take the time to take note of their reactions. Ask your students to rate a place.

-from SEEING THE ENVIRONMENT by Henry Sanoff, c 1975 by Henry Sanoff, p. 76, reprinted with permission.

When we talk about a place, such as your classroom, it is useful to have a way of recording any feelings we may have about that environment. Since we may have different feelings about the same place, it is good to have a method of sharing them, to explain what the differences are.

There are special words (adjectives) that can be used to describe different aspects of an environment that you can agree or disagree with. (There are many more words that you might want to add to this list, but be sure that you also include the opposite of each word that you add.)

The word list can be used to describe how you feel about what you see or what you would like to see. Try it with your classroom. Have each student evaluate a place you use. Then, using the same word list, describe what you would like to see. Compare the differences and decide how to change your environment.

Have each student rate any place that all know or use by placing a () checkmark on one space on each line. Then add up the checkmarks in each space for a group score.

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		extremely	slightly	neutral	*lightly	'extremely	-
	Ordinary						Distinctive
	Complex				,		Simple .
	Light					-	Dark
	Modern						Old Fashioned
	Noisy		-	,			Quiet
	Unusual						Usual .
	Small						Large
	Multiple Purpose						Single Purpose
	Bright Colors	,					Muted Colors
	Free Space	-					Restricted Space
	Soft Lighting			•			Harsh Lighting
	Finished				-		Unfinished
	Unfriendly						Friendly
	Imaginative						Unimaginative
	Urban						Rustic
	Like -						Dislike
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