

PLAY CAPOEIRA!



KIDS IN THE ROTUNDA

ONLINE

WHAT IS CAPOEIRA?

Capoeira (pronounced ka-poe-AE-rha) is a Brazilian art form that fuses self-defense, dance, music and acrobatics. It was born as a form of self-liberation for African slaves against their Portuguese slave masters and was disguised through music and dance so as not to reveal its true martial nature. After the abolition of slavery in Brazil in 1888, Capoeira continued to be illegal until the 1930s when it was taken off the streets and brought into the classroom. From that point until today, Capoeira has grown in popularity and come to be known in and outside of Brazil as a rich ambassador for the Brazilian culture. [Learn more here.](#)

TRY SOME FREESTYLE MOVEMENTS

In Capoeira, nothing is choreographed. Within the roda (playing circle), the game is a conversation using the language of Capoeira, testing one another's skills with a combination of rhythmic movements, kicks and dodges. For some little ones, moving without direction is easy and natural, while other kiddos may need some practice to be comfortable improvising with their bodies. Encourage your little one to move to a beat or music without direction for a few minutes at a time. If this is difficult, offer some basic prompts like kinds of animals to inspire them or specific body parts they can move.

LISTEN TO THE BATERIA

In Capoeira, the participants are both the musicians and the players. Check out the instruments used in the Bateria (orchestra), with this video: <https://www.youtube.com/watch?v=gx6efX88EtQ>.

EXPLORE BRAZIL VIRTUALLY

Have you ever seen a Boto or pink dolphin? Explore the animals, geography, history, people and culture of Brazil with National Geographic KIDS' virtual tour of Brazil! Find it online here: kids.nationalgeographic.com/explore/countries/brazil/.

LEARN MORE

Find out more about Raízes do Brasil Capoeira Madison: <http://www.capoeiramadison.com>.

SEE THE SHOW



WED, JULY 1, 10-11AM ONLINE
DANCE, FIGHT, SING:
THE ART OF CAPOEIRA



Capoeira is a Brazilian art form that fuses self-defense, dance, music and acrobatics. In this demo we will show you the basic moves, some high flying kicks, teach you a song in Portuguese and even a little bit of history. Come join Raízes do Brasil.



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