



FEBRUARY 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 TERRACE TOWN 10am - 4pm
2	3 LUNCHTIME YOGA 12 noon - 12:45pm	4	5 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	6 LUNCHTIME YOGA 12 noon - 12:45pm	7	8
9	10 LUNCHTIME YOGA 12 noon - 12:45pm	11	12 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	13 LUNCHTIME YOGA 12 noon - 12:45pm WRIGHT DESIGN SERIES 7pm, free tickets on eventbrite	14 WELLNESS TALKS 12 noon - 12:45pm	15
16	17 LUNCHTIME YOGA 12 noon - 12:45pm	18	19 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	20	21	22
23	24 LUNCHTIME YOGA 12 noon - 12:45pm	25	26	27 LUNCHTIME YOGA 12 noon - 12:45pm	28 HARRIET FILM SCREENING 7 - 10pm free and open to the public	29 BOUNCE 7 - 11pm, tickets on eventbrite



MARCH 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LUNCHTIME YOGA 12 noon - 12:45pm	3	4 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	5 LUNCHTIME YOGA 12 noon - 12:45pm WRIGHT DESIGN SERIES 7pm, free tickets on eventbrite	6	7
8	9 LUNCHTIME YOGA 12 noon - 12:45pm	10 WELLNESS TALKS 12 noon - 1pm	11	12	13	14
15	16	17	18 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	19 LUNCHTIME YOGA 12 noon - 12:45pm	20	21
22	23 LUNCHTIME YOGA 12 noon - 12:45pm	24	25 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	26 LUNCHTIME YOGA 12 noon - 12:45pm WRIGHT DESIGN SERIES 7pm, free tickets on eventbrite	27	28
29	30 LUNCHTIME YOGA 12 noon - 12:45pm	31				



APRIL 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	2	3	4
5	6 LUNCHTIME YOGA 12 noon - 12:45pm	7	8 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	9 LUNCHTIME YOGA 12 noon - 12:45pm	10	11
12	13 LUNCHTIME YOGA 12 noon - 12:45pm	14	15 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	16 LUNCHTIME YOGA 12 noon - 12:45pm	17	18
19	20	21 PECHAKUCHA NIGHT 5:30pm, free tickets on eventbrite	22 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm WELLNESS TALKS 7pm - 8:30pm	23 LUNCHTIME YOGA 12 noon - 12:45pm WRIGHT DESIGN SERIES 7pm, free tickets on eventbrite	24	25
26	27 LUNCHTIME YOGA 12 noon - 12:45pm	28	29 MEDITATION AT MONONA TERRACE 12 noon - 12:45pm	30 LUNCHTIME YOGA 12 noon - 12:45pm		