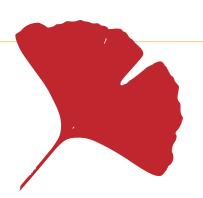
CALENDAR



SEPTEMBER

4 TUESDAY MINDFUL YOGA

> 12 noon-12:45pm Tuesdays & Fridays (No Class Sept. 18 & 25)

7 FRIDAY MINDFUL YOGA

12 noon-12:45pm 11 TUESDAY

> MINDFUL YOGA 12 noon-12:45pm

12 WEDNESDAY **WELLNESS TALKS**

12 noon-1pm 14 FRIDAY

MINDFUL YOGA 12 noon-12:45pm

20 THURSDAY

"SITEseeing" (NEW FILM SERIES) 7_{pm} Free Tickets on Eventbrite

21 FRIDAY MINDFUL YOGA 12 noon-12:45pm

28 FRIDAY MINDFUL YOGA 12 noon-12:45pm

30 SUNDAY DAYLONG MEDITATION RETREAT 10am-4pm

Tickets on Eventbrite

OCTOBER

3 WEDNESDAY **MEDITATION AT MONONA TERRACE**

> 12 noon-12:45pm Wednesdays (No Class 11/07)

4 THURSDAY

"SITEseeing" (NEW FILM SERIES) Free Tickets on Eventbrite

10 WEDNESDAY **MEDITATION AT MONONA TERRACE** 12 noon-12:45pm

16 TUESDAY **WELLNESS TALKS** 12 noon-1pm

17 WEDNESDAY **MEDITATION AT MONONA TERRACE** 12 noon-12:45pm

19 FRIDAY **MOON OVER MONONA TERRACE** 7-9:30pm Free Tickets on Eventbrite

24 WEDNESDAY **MEDITATION AT MONONA TERRACE** 12 noon-12:45pm

24 WEDNESDAY **FAMILY CONCERT**

> 7_{pm} "Embracing Diversity Concert"

31 WEDNESDAY **MEDITATION AT MONONA TERRACE** 12 noon-12:45pm

NOVEMBER

8 THURSDAY "SITEseeing" (NEW FILM SERIES) 7_{pm}

Free Tickets on Eventbrite

14 WEDNESDAY **MEDITATION AT** MONONA TERRACE

12 noon-12:45pm Wednesdays

21 WEDNESDAY **MEDITATION AT** MONONA TERRACE 12 noon-12:45pm

26 MONDAY **LUNCHTIME YOGA** 12 noon-12:45pm Mondays & Thursdays

28 WEDNESDAY **MEDITATION AT MONONA TERRACE** 12 noon-12:45pm

29 THURSDAY **LUNCHTIME YOGA**

12 noon-12:45pm

29 THURSDAY **PECHAKUCHA NIGHT**

7_{pm}

Free Tickets on Eventbrite

DECEMBER

3 MONDAY **LUNCHTIME YOGA**

> 12 noon-12:45pm Mondays & Thursdays

6 THURSDAY **LUNCHTIME YOGA** 12 noon-12:45pm

7 FRIDAY **WELLNESS TALKS** 12 noon-1pm

9 SUNDAY **DAYLONG MEDITATION RETREAT** 10am-4pm

Tickets on Eventbrite

10 MONDAY **LUNCHTIME YOGA** 12 noon-12:45pm

13 THURSDAY **LUNCHTIME YOGA** 12 noon-12:45pm



