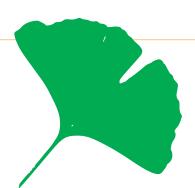
# SPRING CALENDAR



### **JANUARY**

18 THURSDAY

#### **LUNCHTIME YOGA**

12 noon - 12:45pm Mondays & Thursdays through February 15

22 MONDAY

#### **LUNCHTIME YOGA**

12 noon - 12:45pm

25 THURSDAY

#### **LUNCHTIME YOGA**

12 noon - 12:45pm

# 26 FRIDAY FUNKY DANCE MADISON

VO5 & Totally Neon, 7:00 - 10:30pm, \$5-\$10 Advance, \$10-\$15 Day of Show Tickets on Eventbrite

29 MONDAY

#### **LUNCHTIME YOGA**

12 noon - 12:45pm

### **FEBRUARY**

1 THURSDAY

### LUNCHTIME YOGA

12 noon - 12:45pm

2 FRIDAY

#### **WELLNESS TALKS**

12 noon - 1pm

5 MONDAY

### **LUNCHTIME YOGA**

12 noon - 12:45pm

#### 8 THURSDAY

#### **LUNCHTIME YOGA**

12 noon - 12:45pm

### 10 SATURDAY

#### BOUNCE

7 - 11pm, 21 & up \$15 Advance, \$20 Day of Show Tickets on Eventbrite

12 MONDAY

### **LUNCHTIME YOGA**

12 noon - 12:45pm

#### 15 THURSDAY

#### WRIGHT DESIGN SERIES

7pm, Free Tickets on Eventbrite

15 THURSDAY

### **LUNCHTIME YOGA**

12 noon - 12:45pm

#### 15 THURSDAY

# PECHAKUCHA NIGHT MADISON

7pm, Free Tickets on Eventbrite

**20 TUESDAY** 

# YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm, Tuesdays & Thursdays through March 22

22 THURSDAY

#### YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

27 TUESDAY

### YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

### **MARCH**

1 THURSDAY

#### YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

#### 2 FRIDAY WELLNESS TALKS

12 noon - 1pm

#### 6 TUESDAY YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

#### 8 THURSDAY YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

# 13 TUESDAY YOGA FOR HEALTHY

**NECK & SHOULDERS** 

12 noon - 12:45pm

#### 15 THURSDAY

#### YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

#### **20 TUESDAY**

# YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

#### 22 THURSDAY

#### YOGA FOR HEALTHY NECK & SHOULDERS

12 noon - 12:45pm

#### 28 WEDNESDAY

### MEDITATION AT MONONA TERRACE

12noon - 12:45pm, Wednesdays through May 30 (except April 11 & May 9)

29 THURSDAY

### WRIGHT DESIGN SERIES

7pm, Free Tickets on Eventbrite

#### **APRIL**

4 WEDNESDAY

# MEDITATION AT MONONA TERRACE

12noon - 12:45pm, Wednesdays through May 30 (except April 11 & May 9)

12 THURSDAY

# PECHAKUCHA NIGHT MADISON

7pm, Free Tickets on Eventbrite

14 SATURDAY

### TERRACE TOWN

10am - 4pm **15 SUNDAY** 

#### DAME

# DAYLONG MEDITATION RETREAT

9am - 4pm \$40 Ticket on Eventbrite

17 TUESDAY

### WRIGHT DESIGN SERIES

7pm, Free Tickets on Eventbrite

#### 18 WEDNESDAY

# MEDITATION AT MONONA TERRACE

SPECIAL TIME: 5 - 5:45pm

# 18 WEDNESDAY WELLNESS TALKS

12 noon - 1pm

20 FRIDAY

### MOON OVER MONONA TERRACE

7:30 - 9:30pm Free Tickets on Eventbrite

25 WEDNESDAY

### MEDITATION AT MONONA TERRACE

12noon - 12:45pm

### MAY

2 WEDNESDAY

### MEDITATION AT MONONA TERRACE

12noon - 12:45pm, Wednesdays (except May 9)

8 TUESDAY

#### WRIGHT DESIGN SERIES

7pm, Free Tickets on Eventbrite

12 SATURDAY

#### MADISON MAKER FAIRE

10am - 5pm \$10 Advance, \$15 Day of Show

Tickets on Eventbrite

16 WEDNESDAY

# MEDITATION AT MONONA TERRACE

12noon - 12:45pm

### 23 WEDNESDAY

# MEDITATION AT MONONA TERRACE

12noon - 12:45pm

#### **30 WEDNESDAY**

# MEDITATION AT MONONA TERRACE

12noon - 12:45pm



